



UGC-HUMAN RESOURCE DEVELOPMENT CENTER

Bhagat Phool Singh Mahila Vishwavidyalaya

Khanpur Kalan Sonipat-131305 Haryana

www.bpswomenuniversity.ac.in

www.bpsasc.ac.in

Ref. No. UGC/HRDC/11/1715+06752



Certificate of Participation


This is to certify that Dr./Ms./Mr. Parmod Raghunathrao Gehalagi, Asst Professor in
Amador Shashikant Mahavidyalaya
Economu. affiliated to Shriji University Kolhapur has

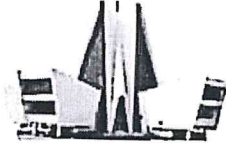
participated in the Refresher Course in Human Rights (JD) from 13-II-2017 to 02-12-2017 organized by UGC-Human

Resource Development Center, B.P.S. Mahila Vishwavidyalaya, Khanpur Kalan (Sonepat) and has obtained Grade.....


Dr. Parmod Malik
Co-Coordinator




Dr. Shafali Nagpal
Coordinator/Director(I/C)



UGC-HUMAN RESOURCE DEVELOPMENT CENTRE
PUNJABI UNIVERSITY, PATIALA
(Established under Punjab Act No.35 of 1961)



Ref. HRDC/PUP/ 2575

Sr. No. 3531

UGC-SPONSORED REFRESHER COURSE

This is to certify that Dr. Sarangpani Ramchandra Shinde

Assistant Professor in English, Amdar Shashikant Shinde Mahavidyalaya, Medha, Dist. Satara, Maharashtra

affiliated to Shivaji University, Kolhapur

Participated in the Refresher Course : Research Methodology & Data Analysis (Inter Disciplinary)

from 01-12-2017 to 21-12-2017 and obtained Grade 'A'


Co-ordinator


Director


Vice-Chancellor

Patiala: 21-12-2017





UGC HUMAN RESOURCE DEVELOPMENT CENTRE

Accredited as performer (score 63) By NAAC, All India Rank V

RANI DURGWATI VISHWAVIDYALAYA, JABALPUR M.P. ज्ञान - विज्ञानं विमुक्तये



101ST ORIENTATION PROGRAMME



THIS IS TO CERTIFY THAT

**DR. PAWAR UDAY SIDU
ASSISTANT PROFESSOR, BOTANY,
AMDAR SHASHIKANT SHINDE MAHAVIDYALAYA,
MEDHA, JAWALI, SATARA, MAHARASHTRA**

**PARTICIPATED IN THE
101ST ORIENTATION PROGRAMME
FROM 08.01.2018 TO 03.02.2018
AND
OBTAINED GRADE "A"**

(PROF KAPIL DEO MISHRA)
VICE-CHANCELLOR

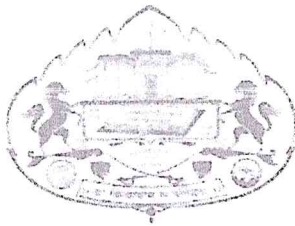
(PROF KAMLESH MISHRA)
DIRECTOR

(DR. SANJEEV K PANDEY)
COURSE COORDINATOR

UGC
HUMAN
RESOURCE
DEVELOPMENT
CENTRE



SAVITRIBAI
PHULE
PUNE
UNIVERSITY



This is to Certify that

Dr. Kale Dnyandee S., Assistant Professor of Amdar Shashikant Shinde Mahavidyalaya, Medha, affiliated to Shivaji University, Kolhapur, has participated in Short Term Course (Faculty Development Programme) of one week (Seven Days) duration on Innovative Teaching and Research (English) conducted at UWPB's Late R.N. Godbole Chair, Shivaji University, Kolhapur from 06/03/2018 to 12/03/2018 under the auspices of UGC-Human Resource Development Centre, Savitribai Phule Pune University, Pune 411007, on Self-Financed basis.

Mahajan
CO-ORDINATOR

[Signature]
I/C DIRECTOR

REGISTRAR



स्थापना १९५६

॥ बहुजन हिताय ॥
श्री मुधाईदेवी शिक्षण संस्था संचालित,
शिवाजी विद्यापीठ, कोल्हापूर संलग्नित,



स्थापना १९९९

प्रा. संभाजीराव कदम महाविद्यालय, देऊर

अग्रणी महाविद्यालय योजना व प्रशासकीय विभाग यांचे संयुक्त विद्यमाने आयोजित
एक दिवसीय कार्यशाळा

प्रमाणपत्र

मा. श्री. / श्रीमती / कु. कोकरे व्ही. बी., ~~ह. आमदार~~ शशिकान्त शिंदे महाविद्यालय, मेढा यांनी
गुरूवार, दि. ०८ फेब्रुवारी, २०१८ रोजी प्रा. संभाजीराव कदम महाविद्यालय, देऊर येथे अग्रणी महाविद्यालय योजना आणि प्रशासकीय
विभाग यांच्या संयुक्त विद्यमाने आयोजित 'ताण-तणाव मुक्त कार्यालयीन व्यवस्थापन' या विषयावरील एक दिवसीय कार्यशाळेत प्रमुख
वक्ते / सहभागी प्रतिनिधी म्हणून सक्रीय सहभाग घेतला, त्याबद्दल त्यांना हे प्रमाणपत्र सन्मानपूर्वक प्रदान करण्यात येत आहे.

श्री. मतोप कदम
समन्वयक,
प्रशासकीय विभाग

डॉ. परान्नकुमार पाटील
समन्वयक,
अग्रणी महाविद्यालय योजना

डॉ. भारत भोसले
प्राचार्य,
प्रा. संभाजीराव कदम महाविद्यालय, देऊर



स्थापना १९५६

॥ बहुजन हिताय ॥
श्री मुधाईदेवी शिक्षण संस्था संचालित,
शिवाजी विद्यापीठ, कोल्हापूर संलग्नित,



स्थापना १९९९

प्रा. संभाजीराव कदम महाविद्यालय, देऊर

अग्रणी महाविद्यालय योजना व प्रशासकीय विभाग यांचे संयुक्त विद्यमाने आयोजित
एक दिवसीय कार्यशाळा

प्रमाणपत्र

मा. श्री. / श्रीमती / कृ. जाधव व्ही. बी. आमदार शशिकान्त सिंदे महाविद्यालय, मेढा यांनी
गुरुवार, दि. ०८ फेब्रुवारी, २०१८ रोजी प्रा. संभाजीराव कदम महाविद्यालय, देऊर येथे अग्रणी महाविद्यालय योजना आणि प्रशासकीय
विभाग यांच्या संयुक्त विद्यमाने आयोजित 'ताण-तणाव मुक्त कार्यालयीन व्यवस्थापन' या विषयावरील एक दिवसीय कार्यशाळेत प्रमुख
वक्ते / सहभागी प्रतिनिधी म्हणून सक्रीय सहभाग घेतला, त्यावद्दल त्यांना हे प्रमाणपत्र सन्मानपूर्वक प्रदान करण्यात येत आहे.

श्री. सतोप कदम
समन्वयक,
प्रशासकीय विभाग

डॉ. प्रसन्नकुमार पाटील
समन्वयक,
अग्रणी महाविद्यालय योजना

डॉ. भारत भोसले
प्राचार्य,
प्रा. संभाजीराव कदम महाविद्यालय, देऊर



स्थापना १९५६

॥ बहुजन हिताय ॥
श्री मुधाईदेवी शिक्षण संस्था संचालित,
शिवाजी विद्यापीठ, कोल्हापूर संलग्नित,



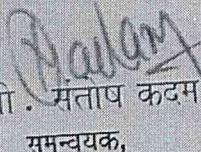
स्थापना १९९९

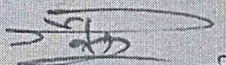
प्रा. संभाजीराव कदम महाविद्यालय, देऊर

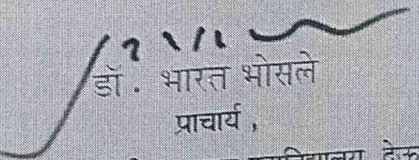
अग्रणी महाविद्यालय योजना व प्रशासकीय विभाग यांचे संयुक्त विद्यमाने आयोजित
एक दिवसीय कार्यशाळा

प्रमाणपत्र

मा. श्री. / श्रीमती / कु. आबाशाहेब रा. देशमुख आमदार शशिकांत शिंदे महाविद्यालय मेढा यांनी गुरुवार, दि. ०८ फेब्रुवारी, २०१८ रोजी प्रा. संभाजीराव कदम महाविद्यालय, देऊर येथे अग्रणी महाविद्यालय योजना आणि प्रशासकीय विभाग यांच्या संयुक्त विद्यमाने आयोजित 'ताण-तणाव मुक्त कार्यालयीन व्यवस्थापन' या विषयावरील एक दिवसीय कार्यशाळेत प्रमुख वक्ते / सहभागी प्रतिनिधी म्हणून सक्रीय सहभाग घेतला, त्याबद्दल त्यांना हे प्रमाणपत्र सन्मानपूर्वक प्रदान करण्यात येत आहे.


श्री. संताप कदम
समन्वयक,
प्रशासकीय विभाग


डॉ. प्रसन्नकुमार पाटील
समन्वयक,
अग्रणी महाविद्यालय योजना


डॉ. भारत भोसले
प्राचार्य,
प्रा. संभाजीराव कदम महाविद्यालय, देऊर

Jaywant Pratisthan Humgaon Sanchalit
Amdar Shashikant Shinde Mahavidyalaya Medha

Notice


Date – 12 Jan. 2018.

All teaching & non-teaching staff of college here by informed that, Internal Quality Assurance Cell & Staff Academy in joint collaboration has organized two day training program named 'Life Skill- Stress Management'. This program is scheduled on 15th & 16th Jan. 2018 in Jaywant Auditorium hall. The session will start at 11.00 AM sharply. Attendance of all staff members is mandatory for this training program.


Co-ordinator
IQAC

Amdar Shashikant Shinde Mahavidyalaya
Medha, Tal. Jawali, Dist. Satara-415012




Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



उद्यमेन हि सिध्यति: कार्याणि न मनोरथैः

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha

Tal. - Jawali, Dist. - Satara

Estd.
2002

President: Hon. M.L.A. Shashikant J. Shinde

Principal: Dr. M.B. Waghmode

M.A.,M.Phil.,Ph.D., G.D.C. & A.

Office: 02378-285645,

E-Mail: accmedha@yahoo.com, accmmedha@rediffmail.com

www.assmmedha.in

Ref. No. 735/1

Date: 13/01/2018

Invitation Letter

To
Dr. Kajal Vibhute
Maitra Clinic 599 rajpath,
guruwar peth Satara
415003

Dear Sir,

On behalf of Amdar Shashikant Shinde Mahavidyalaya, Medha. I would like to invite you to be our guest speaker for the two day training program, on topic 'Life Skill – Stress Management' scheduled on 15 & 16 Jan. 2018. Your lecture on stress management has been organized on 15th January at 11 am in Jaywant Auditorium hall. With your expertise in the field of Psychology & counselling, we are confident that you will be able to impart numerous valuable knowledge and insights pertaining to the theme. We hope you would be able to come for very important training program organized by our college.




Principal

Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



उद्यमेन हि सिध्यति: कार्याणि न मनोरथै :

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha

Tal. - Jawali, Dist. - Satara

Estd.
2002

President: Hon. M.L.A. Shashikant J. Shinde

Principal: Dr. M.B. Waghmode

M.A.,M.Phil.,Ph.D., G.D.C. & A.

Office: 02378-285645,

E-Mail: accmedha@yahoo.com, accmedha@rediffmail.com

www.assmedha.in

Ref. No. 73611

Date: 13/1/2018

Invitation Letter

To
Dr. Schita Rokade
Manoday Psychiatry Clinic
Radhika Road, Satara
Pin- 415001.

Dear Sir,

On behalf of Amdar Shashikant Shinde Mahavidyalaya, Medha I would like to invite you to be our guest speaker for the two day training program, on topic 'Life Skill – Stress Management' scheduled on 15 & 16 Jan. 2018. Your lecture on stress management has been organized on 15th January at 02 pm in Jaywant auditorium hall. With your expertise in the field of Psychology & counselling, we are confident that you will be able to impart numerous valuable knowledge and insights pertaining to the theme. We hope you would be able to come for very important training program organized by our college.




Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



उद्यमेन हि सिध्यति: कार्याणि न मनोरथैः

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha
Tal. - Jawali, Dist. - Satara

Estd.
2002

President: Hon. M.L.A. Shashikant J. Shinde

Principal: Dr. M.B. Waghmode

M.A.,M.Phil.,Ph.D., G.D.C. & A.

Office: 02378-285645,

E-Mail: accmedha@yahoo.com, accmmedha@rediffmail.com

www: assmmedha.in

Ref. No. १३७११

Date 13/1/2018

Invitation Letter

To
Dr. Aishwarya Varande
Radhey Clinic,
Medha

Dear Sir,

On behalf of Amdar Shashikant Shinde Mahavidyalaya, Medha I would like to invite you to be our guest speaker for the two day training program, on topic 'Life Skill – Stress Management' scheduled on 15 & 16 Jan. 2018. Your lecture on stress management has been organized on 16th January at 11 am in Jaywant Auditorium hall. With your expertise in the field of Psychology & counselling, we are confident that you will be able to impart numerous valuable knowledge and insights pertaining to the theme. We hope you would be able to come for very important training program organized by our college.




Principal

Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



Estd.
2002

उद्यमेन हि सिध्यति: कार्याणि न मनोरथैः

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha
Tal. - Jawali, Dist. - Satara

President: Hon. M.L.A. Shashikant J. Shinde

Principal: Dr. M.B. Waghmode

M.A.,M.Phil.,Ph.D., G.D.C. & A.

Office: 02378-285645, E-Mail: accmedha@yahoo.com, accmmedha@rediffmail.com

www.assmmedha.in

Ref. No. 73811

Date: 12/1/2018

Invitation Letter

To

Dr. Sudhir Pawar

Pawar Hospital, Bazar Chowk

Medha.

Dear Sir,

On behalf of Amdar Shashikant Shinde Mahavidyalaya, Medha I would like to invite you to be our guest speaker for the two day training program, on topic 'Life Skill – Stress Management' scheduled on 15 & 16 Jan. 2018. Your lecture on stress management has been organized on 16th January at 2 pm in Jaywant Auditorium hall. With your expertise in the field of Psychology & counselling, we are confident that you will be able to impart numerous valuable knowledge and insights pertaining to the theme. We hope you would be able to come for very important training program organized by our college.




Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



Jaywant Pratishthan Humgao, Sanchalit
Amdar Shashikant Shinde Mahavidyalaya, Medha

Tal – Jawali, Dist - Satara

Two Day's faculty Development Training Program

Organized by IQAC

For

Teaching and Non -Teaching Staff

“Life Skill- Stress management”

Academic Year 2017-18

Schedule

First Day

Monday, 15th January 2018, 10.30am

Inauguration: By Principal Dr. Waghmode M.B.

Resource Person: - Dr. Mahesh Sabale

Session I

11.00 To 2.00 pm

‘Life Skill- Stress management’

Resource Person: - Dr. Kajal Vibhute

1.30 pm to 2.00 pm Lunch Break

Session II

2.30 to 4.00

‘Life Skill- Stress management’

Resource Person: - Dr. Suchita Rokade

4.30pm

Conclusion and vote of thanks

By

Mr. Sunil Kemdarne



Jaywant Pratishthan Hungao, Sanchalit
Amdar Shashikant Shinde Mahavidyalay, Medha

Tal – Jawali, Dist - Satara

Two Day's faculty Development Training Program

Organized by IQAC

For

Teaching and Non -Teaching Staff

“Life Skill- Stress management”

Academic Year 2017-18

Schedule

First Day

Tuesday, 16th January 2018, 10.30am

Session I

11.00 To 2.00 pm

‘Life Skill- Stress management’

Resource Person: - Dr. Aishwarya Varande

1.30 pm to 2.00 pm Lunch Break

Session II

2.30 to 4.00

‘Life Skill- Stress management’

Resource Person: - Dr. Sudhir Pawar

4.30pm

Conclusion and vote of thanks

By

Mr. Sunil Kemdarne

Jaywant Pratisthan Humgaon Sanchalit
Amdar Shashikant Shinde Mahavidyalaya Medha

Life Skill – Stress Management
Program Report

Through Joint collaboration of Internal Quality Assurance cell & Staff Academy has organized two day training program named 'Life Skill –Stress Management' on 15th & 16th Jan. 2018 in Jaywant Auditorium hall of college. The invited speakers were well known psychologists & counsellors. Dr. Kajal Vibhute of Maitra Clinic, Satara & Dr. Suchita Rokade of Manoday psychiatry clinic, satara were the speaker for first day of training sessions. The speakers of second day were well doctors from medha named Dr. Aishwarya Varande of Radhey clinic & Dr . Sudhir pawar of Pawar hospital. All speakers explained that, stress is inevitable in today's life & if stress is not managed well, it can leads to many psychological problems in future. Speaker's even highlighted that one need priorities the work in order to avoid stress. All speakers trained the staff of college, how to manage stress level in day to day life so that efficiency of person will not hamper in professional & personal life. All faculty memberes learnt a lot & enjoyed the two day training program organized by college. Almost all teaching & non- teaching staff attended the all sessions.



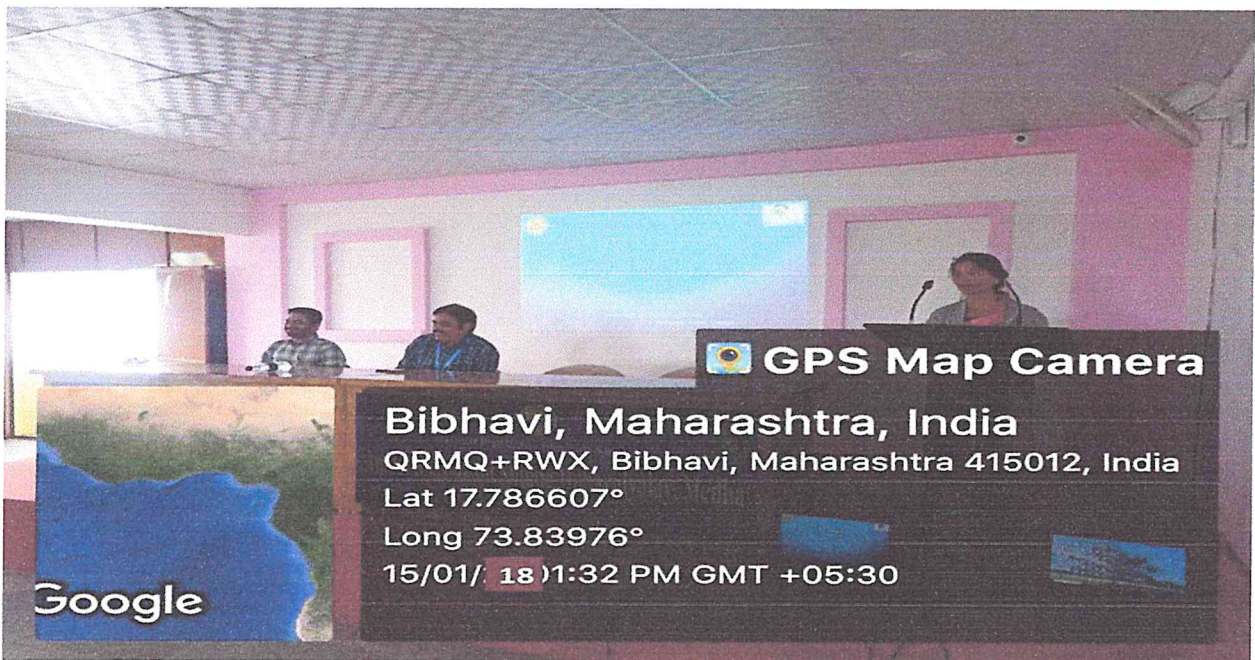

Principal

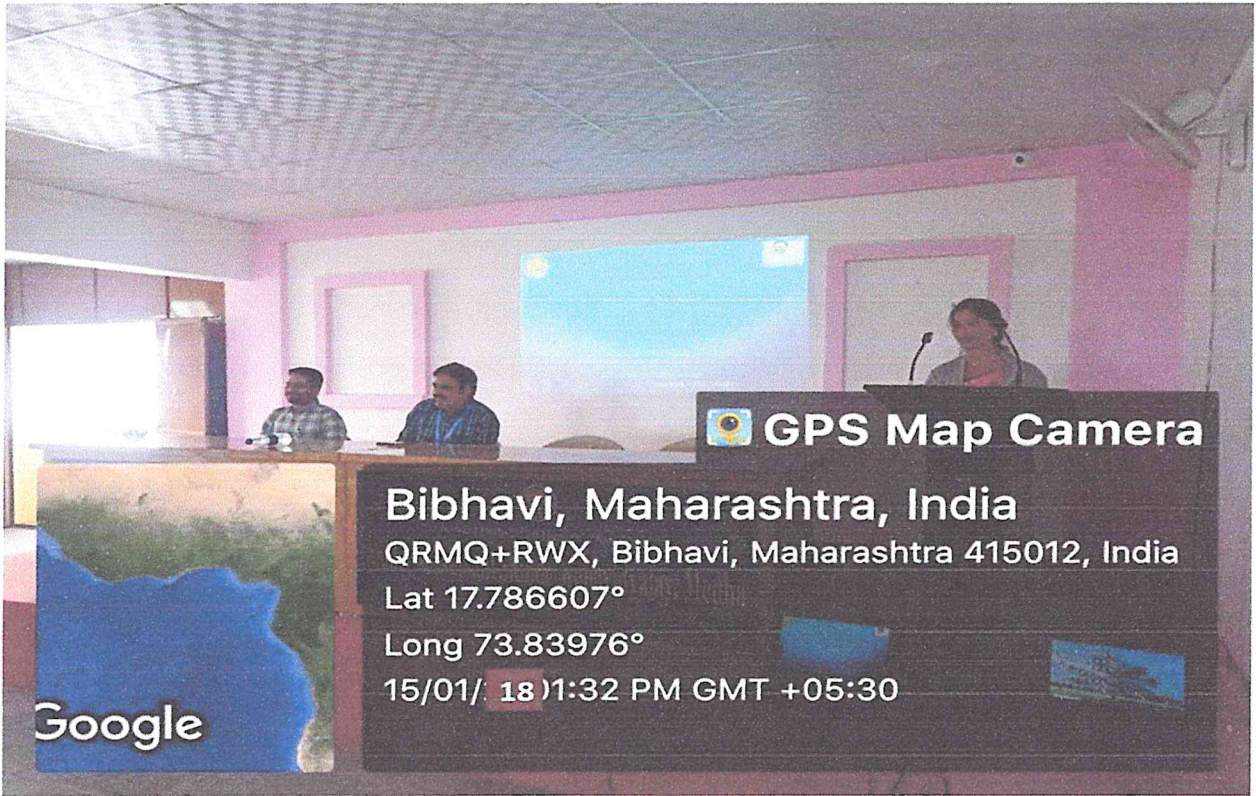
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara


Co-ordinator
IQAC

Amdar Shashikant Shinde Mahavidyalaya
Medha, Tal. Jawali, Dist. Satara-415012


Photographs of Program.






Co-ordinator
IQAC
Amdar Shashikant Shinde Mahavidyalaya
Medha, Tal. Jawali, Dist. Satara-415012




Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara

Jaywant Pratisthan Humgaon Sanchalit
Amdar Shashikant Shinde Mahavidyalaya Medha



Life Skill – Stress Management
Attendance Sheet

Date -15 Jan. 2018.

Sr. No.	Name of Employee	Session -I	Session -II
1	Dr. Waghmode Mayyapa Baburao		
2	Dr. Ghatage Pramod Raghunathrao		
3	Shri. Chavan Pramod Ramchandra		
4	Shri. Shinde Sangram Yashwant		
5	Shri. Gejage Shankar Namdeo		
6	Shri. Sathe Anand Sadhu		
7	Dr. Dhonde Sanjay Vitthal		
8	Shri. Pawar Vinod Vitthal		
9	Shri. Bhosale Sanjay Hanmant		
10	Smt. Jadhav Gayatri Pratap		
11	Shri. Nanaware Rajendra Dnyandeo		
12	Shri. Gaikwad Sunil Mandal		
13	Shri. Desai Amay Atmaram		
14	Shri. Nalawade Sangramsing Vijayram		
15	Shri. Kasabe Sujit Manohar		
16	Dr. Kale Dnyandeo Salu		
17	Dr. Shinde Sarangpani Ramchandra		
18	Shri. Kendarne Sunil Gangaram		
19	Dr. Pawar Uday Sidu		
20	Dr. Nagarkar Sudhir Ramdas		

21	Shri. Patil Pandurang Dattatray		
22	Shri. Jawal Prakash Baburao		
23	Shri. Kokare Vitthal Balu		
24	Shri. Deshmukh Pravin Ramdas		
25	Shri. Jadhav Vinod Bhiku		
26	Shri. Junghare Shailesh Vishnu		
27	Shri. Jadhav Abhijit Suresh		
28	Shri. Dhanawade Vasant Laxman		
29	Shri. Deshmukh Abasaheb Raosaheb		
30	Shri. Parihar Prashant Siddharth		
31	Shri. Shinde Hiranman Babulal		
32	Shri. Ombale Jagdish Balkrushna		



Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara

**Jaywant Pratisthan Humgaon Sanchalit
Amdar Shashikant Shinde Mahavidyalaya Medha**



**Life Skill – Stress Management
Attendance Sheet**

Date -16 Jan. 2018.

Sr.No	Name of Employee	Session -III	Session -IV
1	Dr. Waghmode Mayyapa Baburao		
2	Dr. Ghatage Pramod Raghunathrao		
3	Shri. Chavan Pramod Ramchandra		
4	Shri. Shinde Sangram Yashwant		
5	Shri. Gejage Shankar Namdeo		
6	Shri. Sathe Anand Sadhu		
7	Dr. Dhonde Sanjay Vitthal		
8	Shri. Pawar Vinod Vitthal		
9	Shri. Bhosale Sanjay Hanmant		
10	Smt. Jadhav Gayatri Pratap		
11	Shri. Nanaware Rajendra Dnyandeo		
12	Shri. Gaikwad Sunil Mandal		
13	Shri. Desai Amay Atmaram		
14	Shri. Nalawade Sangramsing Vijayram		
15	Shri. Kasabe Sujit Manohar		
16	Dr. Kale Dnyandeo Salu		
17	Dr. Shinde Sarangpani Ramchandra		
18	Shri. Kemdarne Sunil Gangaram		
19	Dr Pawar Uday Sidu		
20	Dr. Nagarkar Sudhir Ramdas		
21	Shri. Patil Pandurang Dattatray		

22	Shri. Jawal Prakash Baburao	<i>Jawal</i>	<i>Jawal</i>
23	Shri. Kokare Vitthal Balu	<i>V2</i>	<i>V2</i>
24	Shri. Deshmukh Pravin Ramdas	<i>Pravin</i>	<i>Pravin</i>
25	Shri. Jadhav Vinod Bhiku	<i>(VNB)</i>	<i>(VNB)</i>
26	Shri. Junghare Shailesh Vishnu	<i>Shailesh</i>	<i>Shailesh</i>
27	Shri. Jadhav Abhijit Suresh	<i>Abh</i>	<i>Abh</i>
28	Shri. Dhanawade Vasant Laxman	<i>(DL)</i>	<i>(DL)</i>
29	Shri. Deshmukh Abasaheb Raosaheb	<i>Raosaheb</i>	<i>Raosaheb</i>
30	Shri. Parihar Prashant Siddharth	<i>Prashant</i>	<i>Prashant</i>
31	Shri. Shinde Hiranman Babulal	<i>Hiranman</i>	<i>Hiranman</i>
32	Shri. Ombale Jagdish Balkrushna	<i>Jagdish</i>	<i>Jagdish</i>



Prashant
Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



उद्यमेन हि सिध्यति: कार्याणि न मनोरथै :

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha

Tal. - Jawali, Dist. - Satara

Estd.
2002

President: Hon. M.L.A. Shashikant J. Shinde

Principal: Dr. M.B. Waghmode

M.A.,M.Phil.,Ph.D., G.D.C. & A.

Office: 02378-285645,

E-Mail: accmedha@yahoo.com, accmmedha@rediffmail.com

[www: assmmedha.in](http://www.assmmedha.in)

Ref. No. सप्त

Date : 15/1/2019

Gratitude Letter

To
Dr. Sudhir Pawar
Pawar Hospital, Bazar Chowk
Medha.

Dear Sir,

I want to express my sincere appreciation for the time you spent discussing the topic stress management. Our staff has enjoyed your session very much. Through your session my colleagues learnt that one cannot avoid stress completely in day to day life but they need manage it so well that, it will not hamper their efficiency in professional & personal life. The time which you spent for delivering a lecture was very valuable.

I look forward for same co-operation in future too.




Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



Estd.
2002

उद्यमेन हि सिध्यति: कार्याणि न मनोरथैः

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha
Tal. - Jawali, Dist. - Satara

President: Hon. M.L.A. Shashikant J. Shiंदे

Principal: Dr. M.B. Waghmode

M.A.,M.Phil.,Ph.D., G.D.C. & A.

Office: 02378-285645,

E-Mail: accmedha@yahoo.com, accmmedha@rediffmail.com

www: assmmedha.in

Ref. No. 47/17

Date : 15/1/2018

Gratitude Letter

To

Dr. Kajal Vibhute

Maitra Clinic 599 rajpath,

guruwar peth Satara

415003.

Dear Sir,

I want to express my sincere appreciation for the time you spent discussing the topic stress management. Our staff has enjoyed your session very much. Through your session my colleagues learnt that one cannot avoid stress completely in day to day life but they need manage it so well that, it will not hamper their efficiency in professional & personal life. The time which you spent for delivering a lecture was very valuable

I look forward for same co-operation in future too.




Principal

Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



उद्यमेन हि सिध्यति: कार्याणि न मनोरथैः

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha
Tal. - Jawali, Dist. - Satara

Estd.
2002

President: Hon. M.L.A. Shashikant J. Shinde

Principal: Dr. M.B. Waghmode

M.A.,M.Phil.,Ph.D., G.D.C. & A.

Office: 02378-285645,

E-Mail: accmedha@yahoo.com, accmmedha@rediffmail.com

www: assmmedha.in

Ref. No.

6/1/18

Date: 15/1/2018

Gratitude Letter

To

Dr. Schita Rokade

Manoday Psychiatry Clinic

Radhika Road, Satara

Pin- 415001.

Dear Sir,

I want to express my sincere appreciation for the time you spent discussing the topic stress management. Our staff has enjoyed your session very much. Through your session my colleagues learnt that one cannot avoid stress completely in day to day life but they need manage it so well that, it will not hamper their efficiency in professional & personal life. The time which you spent for delivering a lecture was very valuable.

I look forward for same co-operation in future too.




Principal

Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara



उद्यमेन हि सिध्यति: कार्याणि न मनोरथैः

Jaywant Pratishthan Humgaon Sanchalit

Amdar Shashikant Shinde Mahavidyalay, Medha

Tal. - Jawali, Dist. - Satara

Estd.
2002

President: Hon. M.L.A. Shashikant J. Shinde

Principal: Dr. M.B. Waghmode

M.A., M.Phil., Ph.D., G.D.C. & A.

Office: 02378-285645,

E-Mail: accmedha@yahoo.com, accmedha@rediffmail.com

www.assmedha.in

Ref. No. ४१५

Date: 6/1/2018

Gratitude Letter

To
Dr. Aishwarya Varande
Radhey Clinic,
Medha

Dear Sir,

I want to express my sincere appreciation for the time you spent discussing the topic stress management. Our staff has enjoyed your session very much. Through your session my colleagues learnt that one cannot avoid stress completely in day to day life but they need manage it so well that, it will not hamper their efficiency in professional & personal life. The time which you spent for delivering a lecture was very valuable.

I look forward for same co-operation in future too.




Principal
Amdar Shashikant Shinde Mahavidyalay
Medha, Tal. Jaoli, Dist. Satara